

Easy Read Guide

BreastScreen appointments



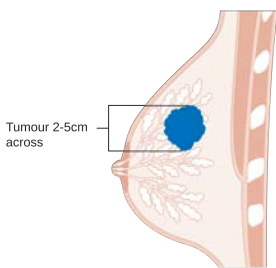
What is a BreastScreen appointment?



A BreastScreen appointment is a way to check your breasts to make sure they are healthy.

It helps to find problems early so you can get the right help.

What you should know

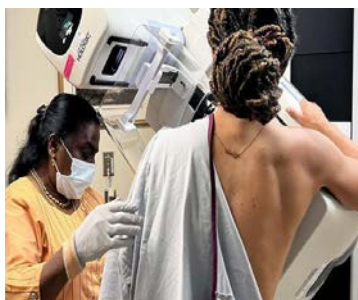


- If you are over 40 you should talk to your doctor to find out if a breast screen is right for you.
 - You should have a breast screen every 2 years.
 - A breast screen can find problems before you feel any changes in your breasts.
 - Finding problems early can save your life.
 - It is free for most women.
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Breast screens are quick, and they can help keep you healthy.

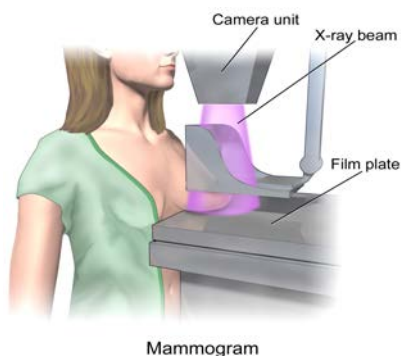
It is ok to ask for help or for more information if you need it.

What happens at the appointment?



- 1. Getting ready for the appointment:**
 - Wear a shirt that is easy to take off and put back on.
 - Do not use deodorant or powder on the day of your appointment.
- 2. At the appointment:**
 - A friendly staff member will greet you.
 - You will go to a private room.
 - A special machine takes pictures of your breasts. These are called mammograms.
- 3. After the appointment:**
 - You can get dressed and go home.
 - You will get your results in the mail or from your doctor.

What a breast screen feels like



- The machine will press on your breasts for a few seconds.
- This might feel uncomfortable but it does not last long.
- You can bring a friend or family member to the appointment.
- Tell the staff if you are nervous or have questions. They are there to help.

Make an appointment

If you need help call 132050



- If you are due for a breast screen, call your local Breast Screen service to book an appointment.
- If you are not sure, talk to your doctor.
- You can call BreastScreen Qld for more information.
- The staff can answer your questions and help you book an appointment.

Contact information

If you want to ask a question about this guide or make a complaint, you can contact:

The Chief Executive Officer (CEO) by sending an email to manager@p2pql.org.au
