

GETTING THE NDIS BACK ON TRACK

# LIFESTYLE RELATED: RELATIONSHIPS

Following the changes to the NDIS legislation that came into effect from the 3rd October 2024, the NDIS has provided clear information on certain supports. This document covers information on supports related to relationships that may or may not be able to be claimed from NDIS funding.

The NDIS supports included for each participant can be different, it is important to seek advice from your planner or NDIS representative to ensure that you are using the supports that are right for you.

## Supports that are NDIS

The NDIS support category Capacity Building Improved Relationships may be included in a participant’s NDIS plan. Within this category, there are certain supports that can help a person develop and maintain their relationships with others.

There are also other parts of your plan that can be used to build relationships. All NDIS plans are different, and certain supports may not have been funded.

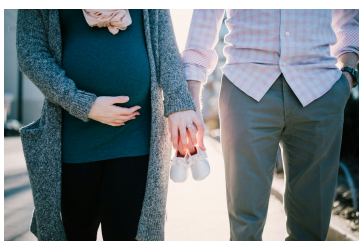
It is worth discussing your support needs with your planner to ensure that your plan is right for you.



**The supports listed below are likely able to be claimed from NDIS funding.**

Individual Social Skills Development	This can be used to help participants learn and develop their social skills and participation in community and social activities. This support must be included in your plan to allow you to use this funding.
Social and community participation supports	Funding may be included to allow you to use a support worker to bring you to community or other events. This may include participation in group activities in a centre or even in the community.
Skills Development and training	The NDIS supports participants to learn how to develop certain skills. An example may be public transport training to give participants access to travel to events and activities that interest them.
Specialist Behavioural Intervention Support	Intensive support from a qualified practitioner to address behaviour concerns. This support must be included in your plan to allow you to use this funding.

## Supports that are not NDIS



The supports listed below have been identified as items or services that the NDIS is unable to pay for.

This includes the cost of family events, maternity services, and sexual health services.

### The supports listed below are not able to be claimed from your plan

Events	Costs associated with weddings, honeymoons, funerals, and other social, business, private, public, formal or informal events
Dating or relationship services	Dating or relationship services including virtual reality, match makers or Apps
Menstrual products	Tampons, pads and menstrual underwear
Surrogacy and IVF	The cost of surrogacy, IVF or other maternity services is not able to be claimed by NDIS funds.
Sex work	The cost of engaging a sex worker is not able to be claimed by NDIS funds.
Sex toys	The cost of purchasing sex toys is not able to be claimed by NDIS funds.

## Other services you can go to for help



While not all relationship supports can be paid for by the NDIA, there may be other places you can go for help. Some supports are covered by the health system, and may be able to be bulk billed.

Many areas have local and community groups and events that all people are welcome to attend. You can search for some resources in your area, or see some examples below.

Community Group Finder - QLD Government	<a href="https://www.qld.gov.au/community/your-home-community/groups-in-your-community/groups">https://www.qld.gov.au/community/your-home-community/groups-in-your-community/groups</a>
Hobby or interest groups	<a href="#">Men's Shed</a> , <a href="#">Country Women's Association</a> , <a href="#">Community Hall Events</a> , <a href="#">Library Events</a> , <a href="#">Community Gardens</a> etc
Australian Government - Pregnancy Birth and Baby	<a href="https://www.pregnancybirthbaby.org.au/">https://www.pregnancybirthbaby.org.au/</a> <a href="https://www.pregnancybirthbaby.org.au/pregnancy-helpline-numbers">https://www.pregnancybirthbaby.org.au/pregnancy-helpline-numbers</a>

<p>True Relationships &amp; Reproductive Health</p>	<p><a href="https://www.true.org.au/">https://www.true.org.au/</a></p>
<p>Sexuality, Education, Counselling and Consultancy Agency (SECCA)</p>	<p><a href="https://www.secca.org.au/">https://www.secca.org.au/</a>  P2P has helped SECCA to create a free book about sexuality and the law for people of all abilities. You can order a copy or download a pdf version <a href="#">here</a>.</p> 