

GETTING THE NDIS BACK ON TRACK

MAINSTREAM HEALTH AND MENTAL HEALTH

This document goes through the new list with the supports that can and cannot be claimed by the NDIS following the changes coming into place from 3 October 2024.

Some very specific things may be able to be claimed, but it depends on your situation and your NDIS plan. You can learn more about these items below.

In this document, we will discuss some of the items that can and cannot be claimed from your NDIS funding as well as provide some information on other places or services that can provide some assistance.

Supports that are NDIS

The NDIS funds a range of supports that are related to a person’s disability. This can be behaviour support, disability health supports and assistive technology.

What will and will not be funded depends on your disability and needs so it is important to discuss this with your NDIS planner. Some items will need to have an assessment and may also need to be included in the capital funding category of your NDIS plan.



The supports listed below are likely able to be claimed from NDIS funding.

Disability Health Support	Where the supports are a regular part of the participant’s daily life, and result from the participant’s disability. This includes continence, dysphagia, respiratory, nutrition, diabetic management, epilepsy, podiatry and foot care, and wound and pressure care supports.
Communication Needs	Supports for people with complex communication needs or challenging behaviours while accessing health services, including hospitals and in-patient facilities.
Behaviour Supports	Support provided by professionals with specialist skills in positive behaviour support including assessment, development and delivery of a comprehensive plan that aims to reduce and manage behaviours of concern, and training and ongoing monitoring of staff in plan implementation. These supports would need to be a participants plan as a stated support.
Assistive Technology	Products for navigation, orientation, braille, magnifiers and note taking equipment relating to a participant's disability

Supports that are not NDIS



The supports listed below have been identified as items or services that the NDIS is unable to pay for.

These supports are more likely to be claimed from services outside of NDIS funding, like government services, health services, mental health services.

The supports listed below are not able to be claimed from your plan.

Diagnosis of Health and Dental Health Conditions	The diagnosis, early intervention and clinical treatment of health and dental health conditions, including ongoing or chronic health conditions and diagnostic assessments and screening services
Time-limited therapies related to a health condition	Time-limited, recovery-oriented services and therapies: where the predominant purpose is treatment directly related to the person's health status, or provided after a recent medical or surgical event, with the aim of improving the person's functional status, including post-acute rehabilitation or post-acute care
Pharmaceuticals and Medicines related to health and mental health	Pharmaceuticals (including prescription medicines and non-prescription medicines), biological medicines, vaccines, sunscreens, weight loss products, vitamins, sport and athletic supplements, and homoeopathic medicines
Equipment or assistive products prescribed or issued as a result of clinical care setting	Unrelated to the person's disability - for example, a knee brace issued following an acute knee ligament injury after sport or gardening accident
Surgical services or procedures or procedures related to aids and equipment.	Also including acute, subacute, emergency and outpatient clinical services delivered through public or private hospitals.
Glasses	Prescription spectacles or contact lens
Services from a health services	Nursing services (where related to treatment of a health event, Ambulance services, Health transport services, Hospital in the home services, Sleep consultant services, Health retreats.
Newborn Care	New-born follow-up provided in the health system, including child and maternal health services
Palliative Care	Sub-acute, palliative care including in-patient and out-patient services delivered in the person's home or clinical setting. Noting that disability-related supports as part of an NDIS participant's plan may continue to be provided at the same time as palliative care services.
Treatment related to Mental Health	Including for drug and alcohol dependency, gambling, and other addictions or disorders
Clinical Services related to Mental Health	Acute, subacute, emergency and outpatient clinical services delivered through public and private hospital mental health services

Clinical Supports related to Mental Health	Supports related to mental health that are clinical in nature, including acute, ambulatory or continuing care or rehabilitation
Residential Care	where the primary purpose is for inpatient or outpatient treatment or clinical rehabilitation.

Other services you can go to for help



There are a number of services that provide help for a range of mental health and health services.

You can visit the following services below for some assistance.

Mental Health Access Line	1300 MH CALL - 1300 642 255
Lifeline	13 11 14 https://www.lifeline.org.au/
Beyond Blue	1300 224 636 https://www.beyondblue.org.au/
MensLine Australia	https://mensline.org.au/
Headspace	https://headspace.org.au/
Griefline	https://griefline.org.au/
Grow Australia	http://www.grow.org.au/
Quitline	https://www.quit.org.au/hub/tactics-hub
Kids Helpline	https://kidshelpline.com.au/
Alcohol and Drug Information Service	https://adis.health.qld.gov.au/
Palliative Care Queensland	https://palliativecareqld.org.au/
Spectacle Supply Scheme	https://www.health.qld.gov.au/mass/prescribe/spectacles