

GETTING THE NDIS BACK ON TRACK

# MAINSTREAM – AGED CARE

Aged care is a vital part of life for many older adults, providing the necessary support and services to enhance their quality of life. While some of these services come with costs, there are also programs that can help cover some of the expenses. Understanding what’s available can make a big difference.

In this document, we will discuss some of the supports that can and cannot be claimed from your NDIS funding, as well as provide some information on other places or services that can offer assistance.

## Supports that are not NDIS



In Australia, you can access aged care services when you are 65 years or older, or 50 years or older for Aboriginal and Torres Strait Islander people.

While the NDIS may provide some support for individuals in this age group, many essential services are the responsibility of the Aged Care Department. Eligibility for these services is determined through an aged care assessment, which evaluates your specific care needs. Once assessed, you may receive various types of support, including home care, residential care, and respite services tailored to your situation.

It's important to note that everyday living expenses and some mainstream aged care services are generally not covered by the NDIS. Understanding these distinctions can help you better navigate your options for support as you age.

**The supports listed below are not able to be claimed from your plan.**

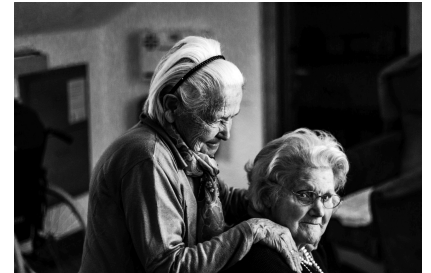
Basic Daily Care Fees	Costs associated with daily living expenses in aged care facilities
Refundable Accommodation Options	Payments for accommodation that may be refunded upon departure.
Extra Service Fees	Additional fees for enhanced services or amenities in residential aged care settings.
Personal Care Supports	Assistance with personal care, including bathing, dressing, and toileting.

## \*\* Residential Aged Care Services

Daily Assistance	Support with daily tasks such as cleaning, cooking, and laundry.
Personal Care Supports	Assistance with bathing, dressing, and going to the toilet.
Access to Health Services	Availability of health practitioner services, clinical care, and therapies.
Social and Emotional Support	Services and activities aimed at providing social engagement and emotional wellbeing.

## Supports that may be funded by the NDIS

If you are an NDIS participant under the age of 65 and choose to live in residential aged care, you may access various supports, provided they are included in your plan and approved by your NDIS planner.



The supports listed below may be able to be claimed from your plan.

Personal Care Supports	Assistance with daily personal care tasks to support hygiene and overall health.
Community Participation	Engagement in social and recreational activities to promote inclusion and connection.

## Other services you can go to for help



While the NDIS provides essential support for people with disabilities, there are numerous other services available specifically for older Australians and their families that can assist with various needs related to aged care.

These services offer resources, advocacy, and direct support, helping individuals navigate the complexities of aged care and improve their quality of life.

My Aged Care	A government service that helps older Australians access aged care services and support. <a href="https://www.myagedcare.gov.au/">https://www.myagedcare.gov.au/</a>
Department of Health - Aged Care	information on government-funded aged care programs and services available for older Australians. <a href="https://www.health.gov.au">health.gov.au</a>
National Seniors Australia	An organisation that advocates for the rights and interests of older Australians, providing information and resources. <a href="https://www.nationalseniors.com.au">nationalseniors.com.au</a>